

Talking about war and peace

Resources

This is a collection of resources from the online course "[Talking about war and peace. Facilitating learning in times of crisis](#)". A selection you may also find on this [padlet board](#).

How to talk about war and peace

Article

[How to talk about the war. Facilitating learning in the face of crisis](#) by Dagna Gmitrowicz, Marta Brzezińska-Hubert and Michael Kimmig, Self-published, Berlin, Poznan, Warsaw, March 2022

Podcast

[How to talk about war / peace, Podcast](#) with Dagna Gmitrowicz and Michael Kimmig, by Mentoring under Construction

Online course

[Talking about war and peace. Facilitating learning in times of crisis](#) by Marta Brzezińska-Hubert and Michael Kimmig, SALTO Eastern Europe and Caucasus

Armed conflicts and war in the world

[List of ongoing armed conflicts](#) , wikipedia

[Global Conflict Tracker](#) , Council on Foreign Relations

Mapped: [Where are the World's Ongoing Conflicts Today?](#) visualcapitalist.com

[Ten conflicts to watch in 2022](#) , crisisgroup.org

[Countries Currently At War 2022](#) , worldpopulationreview.com

[Ten countries to worry about](#) , acledata.com

[Alert 2022! Report on conflicts, human rights and peacebuilding](#) , reliefweb.int

[The World at War in 2022](#) , statista.com

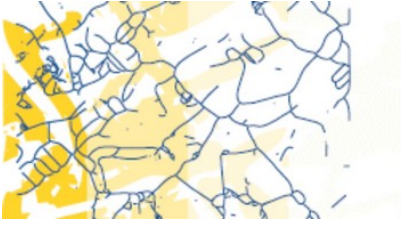
Creating a safe space

[10 Tips for creating a safe space](#) by Brigitt Altwegg; via Initiatives for Change, 2019

[Creating Safe Spaces. A Facilitator's Guide to Trauma-Informed Programming for Youth in Optimal Health Programs](#) , by Family and Youth Services Bureau

[Psychological First Aid: Supporting Children and Young People](#) , online course on futurelearn

[I Support My Friends: A training for children and adolescents on how to support a friend in distress](#) , by UNICEF, Save the Children, the MHPSS Collaborative and WHO



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Understanding stress, resilience and trauma

[Resilience and Trauma. The BASIC Ph Model](#) by Mooli Lahad via brightontherapypartnership.org.uk

[Transition process and the learner](#) by Tatjana Glogovac and Dagna Gmitrowicz via trainerslibrary.org

[Developing well-being and resilience](#) by Rick Hanson

[Building your resilience](#) American Psychological Association, 2020

[Recovering emotionally from disaster](#) by Kevin Rowell and Rebecca Thomley; American Psychological Association, 2013

Self-care, coping and resilience

[Doing What Matters in Times of Stress](#) : An Illustrated Guide, WHO

[I Support My Friends: A training for children and adolescents on how to support a friend in distress](#)

[Trauma-informed practice: toolkit](#) , by Amy Homes and Dr Graeme Grandison, The Rivers Centre, NHS Lothian

[Self-Care Manual for Front-Line Workers](#) , by ABAAD

Working with emotions

[Atlas of the Heart. List of Emotions](#) by Brene Brown

[256 Cards of Feelings and Needs.](#)

Feeling and needs: the [feeling inventory](#) and [needs inventory](#) provided by Non-violent Communication (NVC)

Conducting difficult conversations

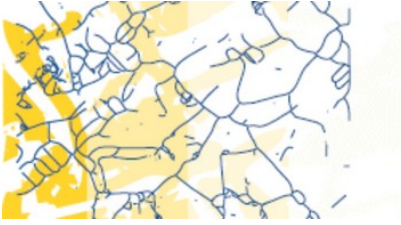
[Teaching controversial issues.](#) Through Education for Democratic Citizenship and Human Rights (EDC/HRE). Training Pack for Teachers; Council of Europe, 2015

[We CAN! Taking action against hate speech through counter and alternative narratives](#) , by The Council of Europe

Talking about war and peace in the classroom

Below you will find some methods and tools developed by educators and teachers working with kids from preschool to young people in high schools as well as with adults. These materials may be adapted to various contexts and needs.

Curricular materials of the [Peace Literacy Institute](#)



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Approaching the war: connection to the curriculum by the [Global Dimension](#)

Education resources for primary and secondary schools created by the [Peace Education Network](#)

Free classroom resources developed by [Peacemakers](#)

Ideas for non-violent change by the Development Education Centre (South Yorkshire) – [DECSY](#)

Reconciliation and peace building

[Youth as Peacebuilders](#) Enhancing youth resilience and building peace, UNESCO 2020

[Building Bridges in Conflict Areas](#) , by The Turkish National Agency, SALTO Eastern Europe and Caucasus, SALTO South-East Europe, and SALTO Cultural Diversity

[T-Kit 12: Youth transforming conflict](#) , Council of Europe

[Tools for Peace Education](#) , SALTO Toolbox

Taking action

[We CAN! Taking action against hate speech through counter and alternative narratives](#)

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